



Ocean County Vocational-MATES Academy
Vocational High School Lunch (9-12)
Lunch , April 2025



	Tuesday 01	Wednesday 02	Thursday 03	Friday 04
See March Lunch Menu for Monday March 31	Stuffed Shells w/ Marinara Sauce 🟢 <i>Dinner Roll</i> <i>Green Beans</i> Grilled Chicken Caesar Salad 🍗 <i>Cucumbers</i> <i>Dinner Roll</i> Apple	Chipotle Chicken & Cheese Wrap 🍷🌱 <i>Black Beans</i> Grilled Chicken Caesar Salad 🍗 <i>Garbanzo Bean & Red Pepper Salad</i> <i>Dinner Roll</i> Apple Slices	Sampler Platter <i>Smiley Potatoes</i> 🍷 Grilled Chicken Caesar Salad 🍗 <i>Dinner Roll</i> <i>Corn</i> Banana	Big Daddy's Cheese Pizza 🟢 <i>Caesar Salad</i> Grilled Chicken Caesar Salad 🍗 <i>Dinner Roll</i> Baby Carrots Peach Cup
Monday 07	Tuesday 08	Wednesday 09	Thursday 10	Friday 11
Barbecue Popcorn Chicken <i>Baked Fries</i> <i>Dinner Roll</i> Italian Hero <i>Bell Pepper</i> Pineapple	Macaroni & Cheese 🟢 <i>Dinner Roll</i> <i>Steamed Carrots</i> Italian Hero <i>Corn & Edamame Salad</i> Mandarin Orange Segments	Chicken & Cheddar Cheese Quesadilla 🍷 <i>Mexican Rice & Black Beans</i> <i>Salsa</i> Italian Hero <i>Garbanzo Bean & Red Pepper Salad</i> Diced Pears	Meatball Parm. Hero 🍷 <i>Peas & Carrots</i> Italian Hero <i>Cucumbers</i> Apple Slices	Big Daddy's Cheese Pizza 🟢 <i>Broccoli</i> <i>Tossed Salad</i> Italian Hero <i>Broccoli</i> Apple
Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
Popcorn Chicken <i>Tater Tots</i> <i>Dinner Roll</i> Garden Salad w/ Breaded Chicken 🍗 <i>Dinner Roll</i> <i>Black Bean & Corn Salsa</i> Applesauce	Ravioli w/ Marinara Sauce 🟢 <i>Peas & Carrots</i> <i>Dinner Roll</i> Garden Salad w/ Breaded Chicken 🍗 <i>Cauliflower</i> <i>Dinner Roll</i> Orange	Grilled BBQ Chicken & Cheese Wrap <i>Sweet Potato Fries</i> Garden Salad w/ Breaded Chicken 🍗 <i>Dinner Roll</i> <i>Garbanzo Bean & Red Pepper Salad</i> Peach Cup	No Lunch Early Dismissal	Closed
Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
Closed	Closed	Closed	Closed	Closed
Monday 28	Tuesday 29	Wednesday 30	Complete Lunches Students \$4.25 Staff \$4.75 Please order by the Thursday prior to the week that lunch is desired.	
Chicken Tenders <i>Dinner Roll</i> <i>Waffle Fries</i> 🍷 Chef's Salad <i>Garbanzo Bean & Red Pepper Salad</i> <i>Dinner Roll</i> Applesauce	Pasta w/ Meatballs 🍷 <i>Dinner Roll</i> <i>Steamed Carrots</i> Chef's Salad <i>Celery</i> <i>Dinner Roll</i> Orange	Buffalo Chicken Twister 🍷 <i>Cauliflower</i> Chef's Salad <i>Dinner Roll</i> <i>Bell Pepper</i> Apple		

* Consuming raw or under cooked meat, poultry, seafood, shellsh or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.